



RESTARTO
COACHING CHANGE

RESTARTYPE

RESTARTYPE
SELF-DEVELOPMENT

CONTEXT

Interrogation. You have the feeling that you could improve your own way of working, or working with others. You have more or less identified the different elements of your personality: you wonder whether your self-analysis is right, and would like to take more into account various feedbacks.

Validation. We will offer you to participate actively in defining your own profile, underlining four preferences, to reveal how you see and interact with the world, giving insight into your motivation and the motivation of others. The MBTI instrument is the best known and most trusted personality assessment on the market.

PUBLIC

Students, Young Graduates, Managers, Executives

OUR OFFER

Type identification. The MBTI framework comes with a quality guarantee that ensures the results are as accurate as possible, and that we apply the tool in an ethical way that acknowledges the role of each individual in determining their own type. We are certified practitioners for the MBTI Step I ®. You'll be able to take the questionnaire on line. We will work its results with you, during a discovery interview. This provides a strong foundation for personal growth and development, towards personal effectiveness.

Team development. The MBTI approach is also very accurate for team development and team building.

EXPECTED OUTCOMES

You go away with a foundation for life-long personal development. You have discovered a constructive, flexible and liberating framework that can be applied to all areas of human interaction and personal development: teamwork, communication, decision-making, team management, conflict management.

